PE Primary Curriculum Overview 2025-2026

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Year 1 PE	Indoor	Indoor	Indoor	Indoor	Indoor	Indoor
	Unit 1: Run, Jump &	Unit 1 Dance	Unit 1: Gymnastics	OAA/Games	Unit 2: Dance	Unit 2: Gymnastics
	Throw	Outdoor	Outdoor	Outdoor	Outdoor	Outdoor
	Outdoor	Unit1:	Unit 2: Hit, Catch &	Unit 2: Hit, Catch &	Unit 2: Run, Jump &	Unit 1: Send and
	Unit1: Hit, Catch &	Attack, Defend &	Run	Run	Throw	Return
	Run	Shoot				
Year 2 PE	Indoor	Indoor	Indoor	Indoor	Indoor	Indoor
	Unit 1 Run, Jump &	Unit 1 Dance	Unit 1 Gymnastics	OAA/Games	Unit 2: Dance	Unit 2: Gymnastics
	Throw	Outdoor	Outdoor	Outdoor	Outdoor	Outdoor
	Outdoor	Unit1:	Unit 2: Hit, Catch &	Unit 2: Attack,	Unit 2: Run, Jump &	Unit 1: Send and
	Unit 1:	Attack, Defend &	Run	Defend & Shoot	Throw	Return
	Hit, Catch & Run	Shoot				
Year 3 PE	Indoor	Indoor	Indoor	Indoor	Indoor	Indoor
Year 3 PE	Unit 1: Dance	Unit 1: Gymnastics	Volleyball	Unit 2: Gymnastics	Unit 2: Dance	OAA/Games
Year 3 PE	Unit 1: Dance Outdoor	Unit 1: Gymnastics Outdoor	Volleyball Outdoor	Unit 2: Gymnastics Outdoor	Unit 2: Dance Outdoor	OAA/Games Outdoor
Year 3 PE	Unit 1: Dance	Unit 1: Gymnastics	Volleyball	Unit 2: Gymnastics	Unit 2: Dance	OAA/Games
Year 3 PE Year 4 PE	Unit 1: Dance Outdoor	Unit 1: Gymnastics Outdoor	Volleyball Outdoor	Unit 2: Gymnastics Outdoor	Unit 2: Dance Outdoor	OAA/Games Outdoor
	Unit 1: Dance Outdoor Hockey	Unit 1: Gymnastics Outdoor Tag Rugby	Volleyball Outdoor Football	Unit 2: Gymnastics Outdoor Basketball	Unit 2: Dance Outdoor Athletics	OAA/Games Outdoor Rounders
	Unit 1: Dance Outdoor Hockey Indoor	Unit 1: Gymnastics Outdoor Tag Rugby Indoor	Volleyball Outdoor Football Indoor/ Outdoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor	OAA/Games Outdoor Rounders Indoor/ Outdoor
	Unit 1: Dance Outdoor Hockey Indoor Volleyball	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games	Volleyball Outdoor Football Indoor/ Outdoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor	OAA/Games Outdoor Rounders Indoor/ Outdoor
	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor	Volleyball Outdoor Football Indoor/ Outdoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor Swimming Indoor	OAA/Games Outdoor Rounders Indoor/ Outdoor
Year 4 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics	Volleyball Outdoor Football Indoor/ Outdoor Swimming	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor Swimming	OAA/Games Outdoor Rounders Indoor/ Outdoor Swimming
Year 4 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket Indoor	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics Indoor	Volleyball Outdoor Football Indoor/ Outdoor Swimming Indoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming Indoor	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor Swimming Indoor	OAA/Games Outdoor Rounders Indoor/ Outdoor Swimming Indoor
Year 4 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket Indoor Unit 1: Dance	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics Indoor Unit 1: Gymnastics	Volleyball Outdoor Football Indoor/ Outdoor Swimming Indoor Unit 2: Dance	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming Indoor Unit 2: Gymnastics	Unit 2: Dance Outdoor Athletics Indoor/ Outdoor Swimming Indoor Badminton	OAA/Games Outdoor Rounders Indoor/Outdoor Swimming Indoor OAA/ Games
Year 4 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket Indoor Unit 1: Dance Outdoor Hockey Indoor	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics Indoor Unit 1: Gymnastics Outdoor Tag Rugby Indoor	Volleyball Outdoor Football Indoor/ Outdoor Swimming Indoor Unit 2: Dance Outdoor Rounders Indoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming Indoor Unit 2: Gymnastics Outdoor Tennis Indoor	Unit 2: Dance Outdoor Athletics Indoor/Outdoor Swimming Indoor Badminton Outdoor Athletics Indoor	OAA/Games Outdoor Rounders Indoor/Outdoor Swimming Indoor OAA/ Games Outdoor Basketball Indoor
Year 4 PE Year 5 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket Indoor Unit 1: Dance Outdoor Hockey Indoor Unit 1: Gymnastics	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics Indoor Unit 1: Gymnastics Outdoor Tag Rugby Indoor Seated Volleyball	Volleyball Outdoor Football Indoor/ Outdoor Swimming Indoor Unit 2: Dance Outdoor Rounders Indoor Unit 1: Dance	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming Indoor Unit 2: Gymnastics Outdoor Tennis Indoor Unit 2: Gymnastics	Unit 2: Dance Outdoor Athletics Indoor/Outdoor Swimming Indoor Badminton Outdoor Athletics Indoor Unit 2: Dance	OAA/Games Outdoor Rounders Indoor/Outdoor Swimming Indoor OAA/ Games Outdoor Basketball Indoor Handball
Year 4 PE Year 5 PE	Unit 1: Dance Outdoor Hockey Indoor Volleyball Outdoor Cricket Indoor Unit 1: Dance Outdoor Hockey Indoor	Unit 1: Gymnastics Outdoor Tag Rugby Indoor OAA/ Games Outdoor Athletics Indoor Unit 1: Gymnastics Outdoor Tag Rugby Indoor	Volleyball Outdoor Football Indoor/ Outdoor Swimming Indoor Unit 2: Dance Outdoor Rounders Indoor	Unit 2: Gymnastics Outdoor Basketball Indoor/ Outdoor Swimming Indoor Unit 2: Gymnastics Outdoor Tennis Indoor	Unit 2: Dance Outdoor Athletics Indoor/Outdoor Swimming Indoor Badminton Outdoor Athletics Indoor	OAA/Games Outdoor Rounders Indoor/Outdoor Swimming Indoor OAA/ Games Outdoor Basketball Indoor