

PE Primary Curriculum Overview 2025-2026

| | Autumn Term 1 | Autumn Term 2 | Spring Term 1 | Spring Term 2 | Summer Term 1 | Summer Term 2 |
|-----------|--|---|---|--|---|--|
| Year 1 PE | Indoor Unit 1: Run, Jump & Throw Outdoor Unit1: Hit, Catch & Run | Indoor Unit 1 Dance Outdoor Unit1: Attack, Defend & Shoot | Indoor Unit 1: Gymnastics Outdoor Unit 2: Hit, Catch & Run | Indoor OAA/Games Outdoor Unit 2: Hit, Catch & Run | Indoor Unit 2: Dance Outdoor Unit 2: Run, Jump & Throw | Indoor Unit 2: Gymnastics Outdoor Unit 1: Send and Return |
| Year 2 PE | Indoor Unit 1 Run, Jump & Throw Outdoor Unit 1: Hit, Catch & Run | Indoor Unit 1 Dance Outdoor Unit1: Attack, Defend & Shoot | Indoor Unit 1 Gymnastics Outdoor Unit 2: Hit, Catch & Run | Indoor OAA/Games Outdoor Unit 2: Attack, Defend & Shoot | Indoor Unit 2: Dance Outdoor Unit 2: Run, Jump & Throw | Indoor Unit 2: Gymnastics Outdoor Unit 1: Send and Return |
| Year 3 PE | Indoor Unit 1: Dance Outdoor Hockey | Indoor Unit 1: Gymnastics Outdoor Tag Rugby | Indoor Volleyball Outdoor Football | Indoor Unit 2: Gymnastics Outdoor Basketball | Indoor Unit 2: Dance Outdoor Athletics | Indoor OAA/Games Outdoor Rounders |
| Year 4 PE | Indoor Volleyball Outdoor Cricket | Indoor OAA/ Games Outdoor Athletics | Indoor/ Outdoor Swimming | Indoor/ Outdoor Swimming | Indoor/ Outdoor Swimming | Indoor/ Outdoor Swimming |
| Year 5 PE | Indoor Unit 1: Dance Outdoor Hockey | Indoor Unit 1: Gymnastics Outdoor Tag Rugby | Indoor Unit 2: Dance Outdoor Rounders | Indoor Unit 2: Gymnastics Outdoor Tennis | Indoor Badminton Outdoor Athletics | Indoor OAA/ Games Outdoor Basketball |
| Year 6 PE | Indoor Unit 1: Gymnastics Outdoor OAA/Games | Indoor Seated Volleyball Outdoor Cricket | Indoor Unit 1: Dance Outdoor Netball | Indoor Unit 2: Gymnastics Outdoor Tennis | Indoor Unit 2: Dance Outdoor Athletics | Indoor Handball Outdoor Rounders |