



Christ Church C OF E Primary School

Supporting all learners in school Spring 2 2023 Newsletter



We hope you had a fantastic and restful Half term and are ready for another exciting half term.

Welcome to the fourth newsletter of our 22/23 school year.

Miss Graham is working across 2 campuses and will only be working on a Tuesday, half day Wednesday and Thursday at Christ Church. Mrs Turner will be assisting her at Christ Church and will be working on Monday, Tuesday, Wednesday and some Thursdays and Fridays.

Miss Graham is available through email if you have any questions or concerns.

We have a school counsellor – Chantelle. She is available to see children or parents. If you would like to be added to the list for this service, if any spaces become available, could you please let Miss Graham, Miss Lamont or the school office know.

[Supporting your child/children with their behaviour at home](#)

Different agencies working with children in school:

Some of the professionals working in school have changed this academic year, so if you have a report from last year, it may name a different professional. Finally, there may be other services/ professionals that do one off or infrequent visits other than those listed:

- ASD Outreach: Kirstie Matthews/ Wendy Jones
- Charlton Social Communication Project: Daisy McCloughey
- Educational Psychologist: Nicola Warner
- Granville Counselling: Chantelle
- SALT- Speech and Language Therapist- Frankie Healy
- School Nurse: Young Greenwich Nursing Team
- STEPs: Claire Large



How we support learners with attention difficulties in school

It is fairly common for primary aged children to have difficulties with attention and focus. This can be due to a child's age or a developmental stage. It can also be linked to a specific need such as ASD or ADHD but can be due to other factors such as anxiety or trauma. It is often nothing to worry about and will improve as a child develops.

We use a number of strategies in school to support learners who may be struggling to attend to learning tasks:

- All classrooms have whole class visual timetables which help learners with attention difficulties to remember what is happening throughout the school day.
- Class teachers use a range of strategies to support maintaining a learner's attention such as reinforcement for positive behaviours, specific praise for completing learning tasks, varying task types, name dropping, non-verbal cues, movement breaks and frequent feedback.
- Visual prompt checklists for learner's tables to remind them of task expectations and to keep them on track.

Christ Church C of E Primary School

Supporting all learners in school Spring 2 2023 Newsletter

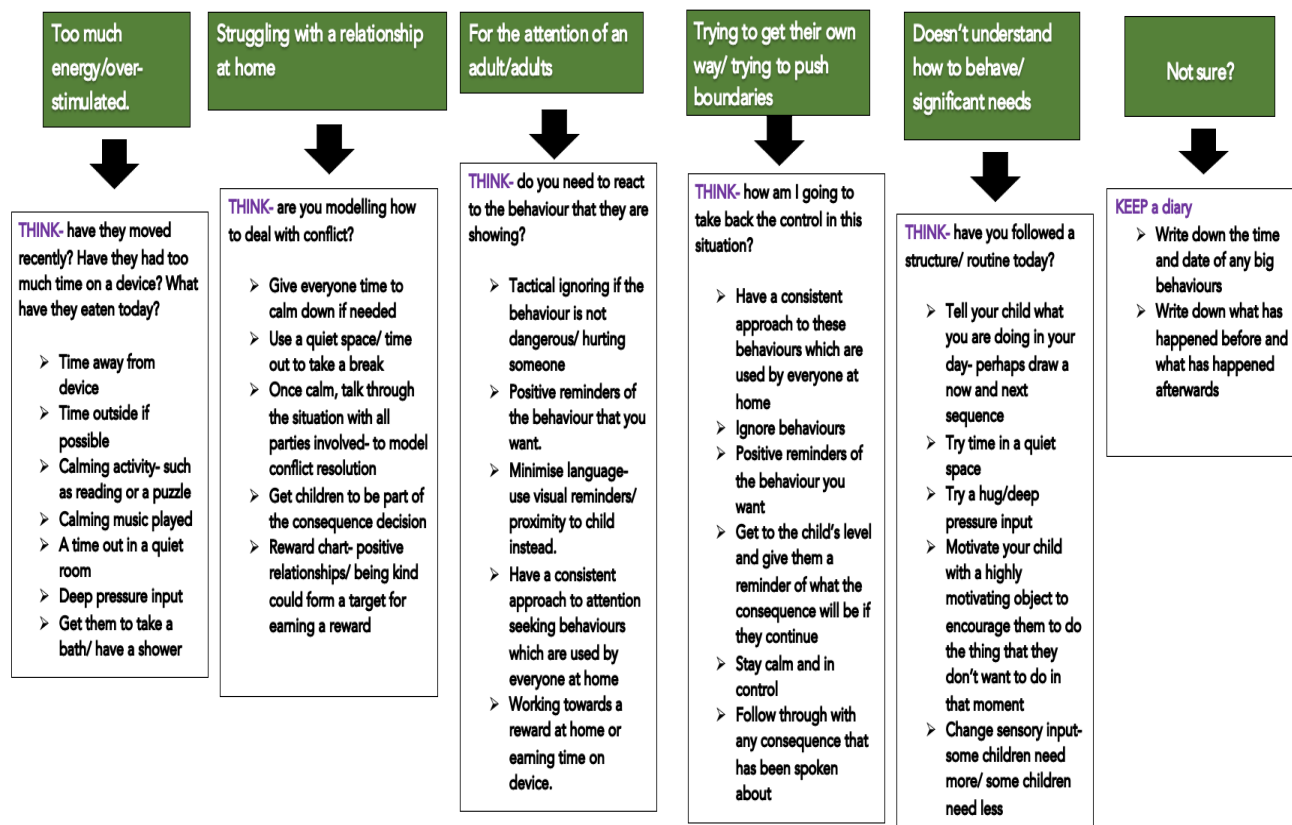


Supporting behaviour at home

REMEMBER a child's behaviour is communication:

FIRST- check in with your child- Are they hungry? Has something upset them? Are they tired?

NEXT-THINK- why are they showing this behaviour?



21 DAYS- the time taken for behaviour to start to change- anything new needs to be in place consistently for at least 3 weeks before it can be determined whether it does or doesn't work.

Useful websites for home:

Below is a list of useful websites that might help with advice for supporting behaviour at home:

- <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/challenging-behaviour/>
- <https://families.barnardos.org.uk/4-8-years/understanding-behaviour>
- <https://parents.actionforchildren.org.uk/behaviour/>
- <https://www.children1st.org.uk/help-for-families/parentline-scotland/guidance-advice/?catName=understanding-behaviour&ageName=primary-school>

Youth Action Diversity Trust Behavioural Support Service - Anger Management -



Feeling angry is part of being human. It is a natural response to being attacked, insulted, deceived, disappointed or frustrated.

It's ok to feel angry (everyone does at times) and anger can be useful when we know how to manage it well. But it can also be frightening. Anger becomes a problem when it harms you or the people around you and can cause depression, anxiety, sleep problems and eating disorders.

If you need help to understand and manage your anger, contact us today!

For more information and to book, please contact:

North Cray Neighbourhood Centre

1 Davis Way Sidcup DA14 5JR

Tel: 020 8308 3862 / Email: yadt@sky.com

Website: www.YouthActionDiversityTrust.co.uk



@YADTBexley

@YADT_2006

Registered Company No. 5905999

Registered Charity No. 1118218



Youth Action Diversity Trust Behavioural Support Service - Social Anxiety -



Social Anxiety Disorder is an overwhelming fear of social situations. It is also known as social phobias and is a common problem for young people especially during the teenage years. Social anxiety is not just being shy but is an intense fear that affects everyday life, activities and self-confidence, relationship and school or college life.

If you feel that social anxiety is affecting your life and you would like support then contact our Behavioural Support Service.

For more information and to book, please contact:

North Cray Neighbourhood Centre

1 Davis Way Sidcup DA14 5JR

Tel: 020 8308 3862 / Email: yadt@sky.com

Website: www.YouthActionDiversityTrust.co.uk



@YADTBexley



@YADT_2006

Registered Company No. 5905999

Registered Charity No. 1118218



Youth Action Diversity Trust Behavioural Support Service



Welcome to the YADT Behavioural Support Service. Being a young person in today's world is challenging and here at YADT, we understand that some young people need a little extra support to help them get a positive start in life or overcome obstacles along the way.

We aim to help young people with the issues that affect them. These can be a number of issues such as anger management, social anxiety, improving confidence, enhancing communication and dealing with stress and loss. The Behavioural Support Service can be delivered as one-to-one behaviour support or as family sessions.

Our Behavioural Support Service also work with young people and their families to understand Autism and ADHD behaviours. Helping them to develop strategies for a calmer family life.

For more information and to book, please contact:

North Cray Neighbourhood Centre

1 Davis Way Sidcup DA14 5JR

Tel: 020 8308 3862 / Email: yadt@sky.com

Website: www.YouthActionDiversityTrust.co.uk



@YADTBexley



@YADT_2006

Registered Company No. 5905999

Registered Charity No. 1118218

