St Mary Magdalene C of E School
with
Christ Church C of E Primary School

P.E. Policy

This policy was:	Written in	September 2015
	Updated in	November 2018
	Review date	November 2019

Aims

- To enable pupils to realise their full physical potential.
- Develop basic physical skills, improve body awareness and promote physical development.
- Enable pupils, through experience, to know about and value the benefits of participation in physical activity at school and throughout life.
- Develop problem solving skills e.g. by giving pupils opportunities to make up and refine their own games, establish self esteem through the development of physical confidence.
- Develop interpersonal skills e.g. team work.
- Develop an appreciation of the principles of safe practice.

The Curriculum

All children will be taught the EYFS and National Curriculum by following, Val Sabin and LCP schemes of work. P.E. will involve pupils in the continuous process of planning, performing and evaluating all areas of activity. Each P.E. lesson will include a warm up, main activity (skills work) and cool down (stretches/gentle movements).

Equipment

There is a wide range of equipment located at each site. The designated PE hall at each site has a large climbing apparatus attached to the wall.

Staff must report any damaged equipment to the Healthy Living Team Leader. Anything requiring further attention will be reported to the Head teacher and Premises Manager. The Premises Manager with an outside agency will carry out an annual inspection of gymnastic equipment.

Planning, Record Keeping and Assessment

Each teacher may annotate the Val Sabin and LCP schemes of work to plan weekly lessons. Lessons are assessed and adapted as necessary. Teachers carry out ongoing assessment through the outcomes of pupil performance. Weekly assessments are made on planning sheets. Once a term each child will be assessed on the key skills taught that term. These assessments are filed in the class assessment folder and scrutinised once a term.

Inclusion

Koinonia Federation schools seek to provide a high standard of P.E. for all pupils. Appropriate support will be provided to support pupils, and challenges given to extend the more able.

I.T

I.T can be used in several ways to enhance and support the teaching of P.E., For example, film clips of professionals maybe shown to give children a clear understanding of how a 'professional' game is played. Adults or pupils may use the iPads to record children's progress, movements or routines. I.T. may also be used by the children to evaluate and improve their performances.

Safe Practice, Procedures and Guidelines

Teachers should teach safely.

1. Teachers must be appropriately dressed
2. Long hair (teachers and pupils) must be tied back.
3. Only stud earrings allowed – no other jewellery.
4. Gymnastics – using the apparatus – children must have bare feet and suitable clothing. Clothing should be loose, but not baggy so that it could get caught on the apparatus.
5. Pupils should only participate in P.E. lessons if they have correct kit.
6. Pupils who are not participating in P.E. lessons, due to a medical reason (note from parents) MUST watch the lesson, take notes, keep score etc.

All children should be as involved as reasonably possible in the work of the lesson. However, if there are too many non-participating pupils, which could lead to a health and safety issue, then alternative supervision by another teacher or teaching assistant should be arranged.

Pupils who have forgotten their kit can borrow clothing from a sibling if appropriate or use spare kit if available. Where spare kit is used, these should be taken home by the child and washed. If a child forgets their PE kit three times in a row, a letter should be sent home to remind parents.

Teachers should
- Ensure the environment is safe for the activity:
    - regularly check that apparatus/equipment is safe
    - Each lesson – check apparatus assembled correctly – e.g. bolts secured, benches hooked on.
- Adequately supervise the activities. All refereeing should be vigilant and strict.
- Have the ability to provide basic medical assistance in case of accident.
- Know where the First Aid boxes are kept, that they are immediately accessible and regularly restocked.
- Use equipment only for the purpose it was intended. Do not improvise with equipment. Unofficial repair or modification to physical education equipment is not allowed.
- Use only "regular and approved" practices e.g. "generally accepted practice that arise from experience and which has been successfully followed over the years". Be aware that these change progressively so periodically check the BAALPE "Safe Practice" document.
- Take pupils through progressive stages of learning. Teach correct techniques, correct errors and ensure a thorough warm up before commencing strenuous activity.
- Teach at a level of activity/competition which takes into account differences in size and skill of all pupils. Ensure that you know that a child has the background to cope.
- Be aware of, and adhere to, national/LA/school regulations concerning safety.

- After acquainting pupils with the safety regulations (and depending on age) involve them in the application. Teach the required standards and awareness – use question and answer to develop such issues as correct clothing; no jewellery apart from small ear studs; use of space; sensitivity to others. "Educate them to be a partner in their safety".
- Always wear footwear between class, hall and toilets.
- Be aware of the procedure for reporting all accidents and complete the required documentation immediately. It is helpful to keep additional personal notes on the lesson, activity and accident. All cases involving shock or loss of consciousness, even momentarily, should be sent to hospital.
- Report to the Head teacher or Premises Manager any potential dangers which may affect safe teaching.
- Teachers should scrupulously follow what is good practice in teaching physical education. When in doubt seek advice from the Healthy Living Team Leader