

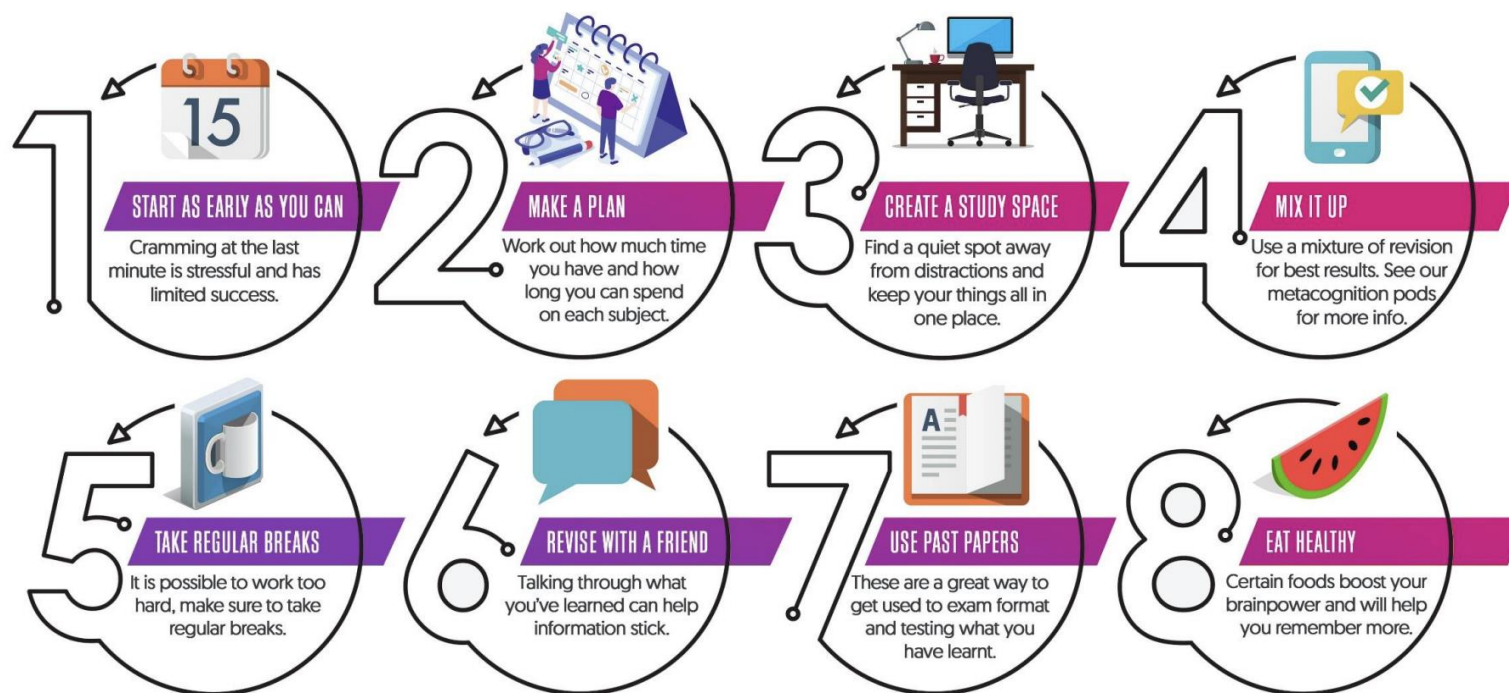


Y13 MOCK  
EXAM TIMETABLE  
AND REVISION  
RESOURCES

MONDAY 26  
FEBRUARY TO 6  
MARCH 2024

# TOP REVISION TIPS

Don't let the stress of revision overwhelm you. Stay in control with these top tips.



TOP  
REVISION TIPS

# DEALING WITH EXAM STRESS

Don't let the stress of exams overwhelm you. Stay in control with these top tips.



## BELIEVE IN YOURSELF

If you work hard and stay focused with positive energy, stress will be reduced. Believe in yourself and have the confidence to succeed.



## GET ORGANISED

You'll feel more confident and in control if you make a list of everything you need to study and create a schedule.



## MAKE SLEEP A PRIORITY

Without getting the proper rest it will be even harder to retain information. A good sleep of between 7-9 hours every night helps you have a relaxed and well-rested mind and body.



## OVERCOME PROBLEMS

If you find you don't understand some of your material, getting stressed out won't help. Instead, take action to address the problem directly by seeing your teacher or revising on GCSEPod.



## EXERCISE

A healthy body = a healthy mind. Encourage your child to do at least 20 minutes of physical activity a day to help improve their focus and keep them relaxed.



## EAT RIGHT

Ensure your child is eating three healthy meals a day and limit their caffeine and sugar intake. Power foods for your brain include blueberries, salmon and nuts!



## TALK ABOUT YOUR NERVES

Nervousness is a natural reaction to exams but bottling it up will only make it worse. Talk to your child about how they're feeling, it will help them to relieve any stress and worrying they may be experiencing.



## KEEP THINGS IN PERSPECTIVE

Exams will seem like the most crucial thing, but in the grander scheme of things it's only a small part. Remind your child of this and tell them, they can only do their best and that's enough!

# REDUCING EXAM STRESS

# PREVENT THE PANIC

Don't let the stress of exams overwhelm you. Stay in control with these top tips.



## START IN PLENTY OF TIME

Whether you are revising for PPEs, Mocks or Resits, it is important to identify your exam start dates and plan ahead. Planning and long-term thinking will be invaluable during exam periods.



## DON'T UNDERESTIMATE

Let's be honest, exam periods can be stressful! But panic and stress will be a much smaller issue if you recognise the importance of all your exams and tackle them head on.



## PERFECT A REVISION ROUTINE

Find what works best for you! Take the chance to perfect your best revision strategies and learn what works for you.



## SET REALISTIC TARGETS

Your ability and knowledge will change throughout an academic year so make sure your expectations in attainment match this! Talk to teachers and parents to make sure you are all working towards a goal that works best for you!



## USE YOUR RESOURCES

At GCSEPod we have provided some great pods and resources for you to use; your exam periods are about doing the best you possibly can, so use every resource you can!



## USE THE OPPORTUNITY

Exams are not designed to catch you out! They're a great opportunity for you to show off and maximise everything you can do by testing your knowledge.



## ARRANGE FEEDBACK SESSIONS

Speak to your teachers, friends and parents to track your progression and revision before and after your exams. Speaking and sharing ideas prevents panic!



## DON'T PANIC!

Most importantly, don't panic! Use our tips and speak to as many people as possible to stay up to date, prepared and motivated! You CAN do this!

# PREVENTING EXAM PANIC

# MOCK EXAM EXPECTATIONS

- Line up on the Hardcourt in silence in candidate order
- Remain silent once in the Sports Hall
- Clear water bottles only (remove all labels)
- Clear pencil case only
- No mobile phones, watches or any other electronic devices allowed, these must be handed into an invigilator before entering the exam hall
- No toilet breaks
- When you finish the morning exam you will go to your next lesson
- Students with afternoon exams will take early lunch

**Date:** Monday 26 February  
**Subject:** BTEC Applied Science  
**Start time:** 9.10am  
**Paper length:** 1hr 30m

**Mock exam content:** Content unit 3

**Revision resources:**

- Join Seneca class : Itjqiyzhia
- <https://app.senecalearning.com/dashboard/class/Itjqiyzhia/assignments/assignment/7183db19-fa32-428a-875f-9d60c80498ce>

**Date:** Monday 26 February

**Subject:** A Level Biology

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Module 2, Module 3 (without plant transport) and Module 4 (without biodiversity)

**Revision resources:**

Application PPQs and Mark schemes:

- <https://www.physicsandmathstutor.com/biology-revision/a-level-ocr-a/module-2/>
- <https://www.physicsandmathstutor.com/biology-revision/a-level-ocr-a/module-3/>
- <https://www.physicsandmathstutor.com/biology-revision/a-level-ocr-a/module-4/>

Revision Notes:

- <https://www.revisely.com/alevel/biology/ocr/notes>
- <https://studymind.co.uk/revision-notes/ocr-a-level-biology-notes/>

**Date:** Monday 26 February

**Subject:** A Level PRE

**Start time:** 1.15pm

**Paper length:** 2hrs

**Mock exam content:**

TWO papers: (1) Religion and ethics and (2) Theology (DCT); a third paper - Philosophy of religion - will be performed later in the half-term.

Each paper will have FOUR questions - candidates must choose and answer THREE.

**Revision resources:**

- [Past question papers and marks schemes](#)
- [Knowledge organisers and learning mats](#) for all three components (only revise the ones you've studied so far!)
- Seneca tasks for (1) [Ethics](#) (2) [Theology](#)
- Get Revising: Tailored OCR [A Level PRE page](#)
- [Logos](#) (Charlotte Vardy)
- [IThinkThereforeTeach](#) (Brilliant resource for content revision, essay tips and arguments)
- [The Cogito](#) (useful vids for topic revision and essay construction - best played at 1.5x speed)



**Date:** Tuesday 27 February  
**Subject:** A Level English Prose  
**Start time:** 9.10am  
**Paper length:** 1hr 15m

**Mock exam content:** Comparison question on Frankenstein and A Handmaid's Tale.

**Revision resources:**

- Padlet: You will find that all resources for your prose exam on Padlet. You can revise through:
- Massolit
- Knowledge Organiser
- British Library
- Past Papers
- <https://padlet.com/ssumner17/key-stage-5-9tc072qsf960boip>

**Date:** Tuesday 27 February

**Subject:** A Level History

**Start time:** 1.15pm

**Paper length:** 2hrs 30m

**Mock exam content:** Civil Rights

**Revision resources:**

- Padlet with revision resources - <https://padlet.com/mmerc35/y13-revision-materials-xc1fp51sp7s7m1e>

**Date:** Wednesday 28 February

**Subject:** A Level Maths (Pure)

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Pure 1, Pure 2 (content covered in class so far!)

### **Revision resources:**

You should utilise all of the following resources in your revision:

- [Textbooks](#), including the mixed exercises and review exercises, going back to review any topics you are struggling with.
- [Exam papers](#) - there are loads from various sources at the link.
- [Knowledge organisers](#) - these summarise the knowledge you need to know in a shorter format
- [Topic exercises](#) - these are practice questions organised by topic from a variety of sources
- [Past Paper Question PowerPoints by Topic](#) - pretty much what it says it is!
- [Dr. Frost Maths](#) - you can join the class by using the link [here](#) if you haven't already. When you log in you can practice by topic or past papers.
- [Lesson slides](#) - the lesson slides we've used are also available here.

***Remember that you can come and work in a maths classroom whenever we are free.***

**Date:** Wednesday 28 February

**Subject:** A Level Geography

**Start time:** 1.15pm

**Exam length:** 2hrs 30m

**Mock exam content:** Human and Physical: Water and Carbon Cycle, Coastal processes and landforms, People and Place, Hazards.

**Revision resources:**

- Past papers, mark schemes and feedback sheets available
- Online revision library highlighted in class
- 1-1 tutor time available at request
- <https://www.geographyportal.co.uk/alevel-resources>
- <https://www.physicsandmathstutor.com/geography-revision/a-level-aqa/>

**Date:** Wednesday 28 February

**Subject:** BTEC Sport

**Start time:** 1.15pm

**Exam length:** 1hr 30m

**Mock exam content:** Unit 1 - Anatomy and Physiology

Skeletal System

Muscular System

Respiratory System

CV System

Energy Systems

**Revision resources:**

Padlet - <https://padlet.com/flawrence7/btec-sport-unit-1-revision-qqvk90q4avch34db>

This Padlet has the following that will help with your revision and preparation for the Unit 1

Exam:

- Past Papers
- Learning Mats
- Flash Cards
- YouTube Videos

**Date:** Thursday 29 February

**Subject:** A Level Chemistry

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Paper 1 and 2 ( Aromatic, carbonyl compound, amine, Rates of reaction, equilibrium).

**Revision resources:**

- Revision: <https://www.physicsandmathstutor.com/chemistry-revision/a-level-ocr-a/>
- Past papers: <https://www.physicsandmathstutor.com/past-papers/a-level-chemistry/>

**Date:** Thursday 29 February  
**Subject:** BTEC Applied Science  
**Start time:** 9.10pm  
**Paper length:** 1hr 30m

**Mock exam content:** Content unit 3

**Revision resources:**

- Join Seneca class : Itjqiyzhia
- <https://app.senecalearning.com/dashboard/class/Itjqiyzhia/assignments/assignment/7183db19-fa32-428a-875f-9d60c80498ce>

**Date:** Thursday 29 February

**Subject:** A Level French

**Start time:** 1.15pm

**Paper length:** 2hrs 30m

**Mock exam content:** Listening, Reading and Writing

**Revision resources:**

- Knowledge organisers on Satchel
- Detailed summary of the reading book by chapters available on Satchel
- Series of essay questions with sample answers
- Practice 2019 exam paper with mark scheme available on Satchel
- Research project sample answer provided on Satchel
- Booklet to revise film studies on Satchel



**Date:** Thursday 29 February

**Subject:** A Level Spanish

**Start time:** 1.15pm

**Paper length:** 2hrs 30m

**Mock exam content:** Listening, Reading and Writing

**Revision resources:**

- Students should go through the past exam papers, revision booklets, text book and exercise book.
- <https://www.youtube.com/@TheLanguageTutor> (for grammar)
- Kerboodle

**Date:** Thursday 29 February

**Subject:** A Level Politics

**Start time:** 1.15pm

**Paper length:** 2hrs

**Mock exam content:** Hybrid Paper: Global Politics, Core and Non-Core Political Ideas, UK Politics.

**Revision resources:**

Students need to review the past exam papers which are available on the Pearson/Edexcel website for all 3 papers (think about the questions on Paper 3 that relate to the content taught so far.) Students need to revise from their class notes as their primary revision source and also refer to the text books they have at home.

**Date:** Friday 1 March

**Subject:** A Level Psychology

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Social Influence, Attachment, Psychopathology, Memory, Approaches.

**Revision resources:**

Students should go through the past exam papers, mark schemes and examiners reports that are available on the AQA website and plan their answers to these questions. Students need to refer to their class notes for revision.

**Date:** Friday 1 March

**Subject:** A Level Sociology

**Start time:** 1.15pm

**Paper length:** 2hrs

**Mock exam content:** Paper Three: Crime and Deviance with Theory and Research Methods

**Revision resources:**

Students need to refer to the past papers, mark schemes and examiners reports on the AQA website for all three papers and anticipate for Paper 3 the questions that may come up given the topics taught so far this year. Students should be using their class notes as their primary source of revision.

**Date:** Monday 5 March

**Subject:** A Level Maths (Applied)

**Start time:** 9.10am

**Paper length:** 1hr 15m

**Mock exam content:** Applied - Year 1 content

### **Revision resources:**

- You should utilise all of the following resources in your revision:
- [Textbooks](#), including the mixed exercises and review exercises, going back to review any topics you are struggling with.
- [Exam papers](#) - there are loads from various sources at the link.
- [Knowledge organisers](#) - these summarise the knowledge you need to know in a shorter format
- [Topic exercises](#) - these are practice questions organised by topic from a variety of sources
- [Past Paper Question PowerPoints by Topic](#) - pretty much what it says it is!
- [Dr. Frost Maths](#) - you can join the class by using the link [here](#) if you haven't already. When you log in you can practice by topic or past papers.
- [Lesson slides](#) - the lesson slides we've used are also available here.
- ***Remember that you can come and work in a maths classroom whenever we are free.***

**Date:** Monday 4 March

**Subject:** A Level Media

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Magazines and TV Drama and Video Games

**Revision resources:**

- [Past papers](#): use this link to access past paper 2 exams to familiarise yourselves with how you will be assessed (question types/ marks etc.) and practice responses with our set texts.
- [Revision guide](#): use this link to access a revision guide and revise key media theories and subject terminology.
- Lesson slides: use the lessons uploaded to Satchel to revise the key television, magazine and video game texts/ products.

**Date:** Monday 4 March

**Subject:** A Level DT

**Start time:** 1.15pm

**Paper length:** 2hrs 30m

**Mock exam content:** Full A Level paper on all theory content.

**Revision resources:**

- <https://www.brainscape.com/l/dashboard/aqa-a-level-product-design-p1-technical-principles-19113110/decks>
- <https://technologystudent.com/rmflsh1/alevq1.html>
- [https://www.google.com/search?q=a+level+product+desi+gn+revision+pearson+bitesize&oq=a+level+product+desi+gn+revision+pearson+edexcelbite&gs\\_lcrp=EgZjaHJvbWUqCQgBECEYChigATIGCAAQRRg5MgkIARAhGAoYoAEyCggCECEYChgNGBXSAQoxOTgwNWo wajE1qAIAAsAIA&sourceid=chrome&ie=UTF-8#ip=1](https://www.google.com/search?q=a+level+product+desi+gn+revision+pearson+bitesize&oq=a+level+product+desi+gn+revision+pearson+edexcelbite&gs_lcrp=EgZjaHJvbWUqCQgBECEYChigATIGCAAQRRg5MgkIARAhGAoYoAEyCggCECEYChgNGBXSAQoxOTgwNWo wajE1qAIAAsAIA&sourceid=chrome&ie=UTF-8#ip=1)

**Date:** Monday 4 March

**Subject:** A Level English- Poetry

**Start time:** 1.15pm

**Paper length:** 1hrs 15m

**Mock exam content:** Paper 3: Anthology/Unseen

**Revision resources:**

- Padlet: You will find that all resources for your poetry exam on Padlet. You can revise through:
- Massolit
- Knowledge Organiser
- British Library
- Past Papers
- <https://padlet.com/ssumner17/key-stage-5-9tc072qsf960boip>



**Date:** Tuesday 5 March

**Subject:** A Level Physics

**Start time:** 9.10am

**Paper length:** 2hrs

**Mock exam content:** Paper 1

**Revision resources:**

PPQ Practice and Marks schemes

- <https://www.physicsandmathstutor.com/physics-revision/a-level-aqa/>

Past Papers

- [https://www.savemyexams.com/a-level/maths\\_pure/aqa/-/pages/past-papers/](https://www.savemyexams.com/a-level/maths_pure/aqa/-/pages/past-papers/)
- <https://senecalearning.com/en-GB/blog/free-aqa-physics-a-level-revision/>

**Date:** Tuesday 5 March

**Subject:** A Level Economics

**Start time:** 1.15pm

**Paper length:** 2hrs

**Mock exam content:** Theme 1: Introduction to markets and market failure & Theme 2: The National - performance and policies.

**Revision resources:**

- Revision Guide- Theme: 1 & 2 ( students have printed copy)
- **Knowledge Organisers** - Theme 1 & 2 (Students have printed copy )
- **Graphs Notes** - Theme 1 -4 (Students have printed copy)
- **You tube playlist**- Link to playlist for theme 1 and 2 below
  - [Theme 1 You Tube Revision Playlist](#)
  - [Theme 2 You tube Revision Playlist](#)
- Revision Website: [Website](#)
- ***Remember that you can come and work in LE14/LE15 whenever we are free.***

**Date:** Wednesday 6 March

**Subject:** A Level PRE

**Start time:** 9.10am

**Paper length:** 2hrs

### **Mock exam content:**

TWO papers: (1) Religion and ethics and (2) Theology (DCT); a third paper - Philosophy of religion - will be performed later in the half-term.

Each paper will have FOUR questions - candidates must choose and answer THREE.

### **Revision resources:**

- [Past question papers and marks schemes](#)
- [Knowledge organisers and learning mats](#) for all three components (only revise the ones you've studied so far!)
- Seneca tasks for (1) [Ethics](#) (2) [Theology](#)
- Get Revising: Tailored OCR [A Level PRE page](#)
- [Logos](#) (Charlotte Vardy)
- [IThinkThereforeTeach](#) (Brilliant resource for content revision, essay tips and arguments)
- [The Cogito](#) (useful vids for topic revision and essay construction - best played at 1.5x speed)

**Date:** Wednesday 6 March

**Subject:** BTEC Computing

**Start time:** 1.15pm

**Paper length:** 1hr 45m

**Mock exam content:** Unit 2 Fundamentals of Computer Systems

**Revision resources:**

Online:

- <https://bteccomputing.co.uk/unit-2-fundamentals-of-computer-systems/>
- <https://prezi.com/p/x6ipgxax1-qk/unit-2-fundamentals-of-computer-systems/>
- Knowledge organisers: Printed and also given electronical copy to students
- Student book: Btec Nationals Computing – Unit 2 fundamentals of Computer science