

Parent Newsletter St Mary Magdalene Secondary

Issue No 16 | March | Wednesday 24th March 2021

Dear Parent/Carers,

Please find attached some relevant updates about keeping your children safe and available support.

E-Scooters

We are aware that a number of our school community use e-scooters to travel to and from school and have attached the latest information from the Met Police in regards to the law when using them.

The Breck Foundation

The Breck Foundation campaigns for a safer internet for all children and young people – whether they are gaming, communication on social media, using apps or taking part in any other internet-based activity. Their website https://www.breckfoundation.org has lots of information for young people and parents/carers which is up to date and highly regarded amongst educators. Please see a couple of their informative flyers which have been most informative amongst schools locally. There is also a flyer about where to find additional help. If you have any further questions about the topics raised please do not hesitate to get in contact with Mrs Pett or a member of the safeguarding team.

Domestic Abuse

Sadly domestic violence has soared during the pandemic. It was reported that by May 2020 calls were 60% higher than before lockdown. Experiencing domestic abuse has a profound impact on young people and children. We would like to remind you that teachers work closely specialist services and the police to support families/individuals who and have any concerns, queries or would like advice. The links below provide additional support:

National Abuse Helpline

Freephone 24 hour helpline 0808 2000 247 https://www.nationaldahelpline.org.uk

<u>Refuge</u>

Refuge provides specialist support to women, children and men escaping domestic violence and other forms of violence.

Support for children https://www.refuge.org.uk/get-help-now/children/ Protecting my children https://www.refuge.org.uk/get-help-now/protecting-my-children/ Website: www.refuge.org.uk

National Domestic Abuse Helpline

Freephone 24-Hour National Domestic Abuse Helpline: 0808 2000 247 Website: <u>www.nationaldahelpline.org.uk</u> (access live chat Monday - Friday, 3pm - 10pm)

Bright Sky app

Bright Sky is a mobile app and website for anyone experiencing domestic abuse, or who is worried about someone else. The app can be downloaded for free via the app stores.

Launched in partnership with Vodafone, the app includes questionnaires to assess the safety of a relationship, and a section on dispelling myths around domestic and sexual abuse.

The website is focused on how to spot the signs of domestic abuse, advice on how to support someone you have concerns for, and ways to find help. Download for

android: <u>https://play.google.com/store/apps/details?id=com.newtonmobile.hestia&hl=en_GB&gl=US</u> Download for iOs: <u>https://apps.apple.com/gb/app/bright-sky/id1105880511</u>