## **Parent Newsletter**

St Mary Magdalene Secondary



Tuesday 12th March 2024

## Dear Parents/Carers

I would like to wish Ramadan Mubarak to all the families who are celebrating the beginning of Ramadan. We have a number of staff and students who are fasting over the next few weeks and would like to share how we support our students.

Firstly, we will be including a PSHE lesson where we share what Ramadan means and how it will change the daily routine for students. Students will also be provided with a space to pray during lunch if they request to do so.

Whilst we do not adapt the curriculum for students during this time, teachers have been informed and will be mindful of this during lessons such as PE. My advice to students is to be mindful of what they do during lunch to support them with their fast.

On Monday, the first day of Ramadan for most, I had some students requesting water after lunch as they had decided to play football for the entire duration of their break. I request parents speak to your children and support me in explaining that physical excursion may lead to them breaking their fast prematurely.

To make it easier for us as a school to support your children, please email <a href="mailto:info.secondary@koinoniafederation.com">info.secondary@koinoniafederation.com</a> to confirm that your child is fasting. This is not a compulsory task, though it will help us to support our students.

I would also like to share that I plan for us as school to lead an evening of opening fast together for students and staff on Wednesday 20 March. Students will be allowed to stay in school after dismissal. If you would like to contribute food for this occasion, please email <a href="mailto:romard@koinoniafederation.com">romard@koinoniafederation.com</a> and let Miss O'Mard know and we will confirm. Students will be dismissed by 7pm.

R. Hussain

Principal