

Sports/skills to be taught in each year group

Class	Autumn term		Spring term		Summer term	
Year 1	Indoor Dance	Outdoor Throwing and catching	Indoor Gym	Outdoor Defending/ attacking	Indoor Skipping/Scooters	Outdoor Athletics
Year 2	Indoor Dance	Outdoor Bat and ball skills	Indoor Gym	Outdoor Defending/ attacking	Indoor Skipping/Bikes	Outdoor Athletics
Year 3	Indoor Team Challenges	Outdoor Hockey	Indoor Gym	Outdoor Rounders	Indoor Dance	Outdoor Athletics
Year 4	Indoor Dance	Outdoor Cricket	Indoor Gym	Outdoor Football	Indoor Dodgeball/ Benchball	Outdoor Athletics
Year 5	Indoor Dance	Outdoor Tag Rugby	Indoor Gym	Outdoor Basketball	Indoor Circuits/Yoga	Outdoor Athletics
Year 6	Indoor Dance	Outdoor Tennis	Indoor Gym	Outdoor Netball	Indoor Circuits/Yoga	Outdoor Athletics